

ENDOSCOPY / GASTRO PROCEDURES

If you have questions about anything that needs to be accomplished on this form, please contact the **Gastroenterology Clinic at (702) 653 2731.**

Your Physician's name: Dr. Aaron Lewis Dr. Christina Steinhauser Dr. Joshua McCarron

_____ **PHARMACY:** Pick up the prescriptions and take the medicine as directed. Please **Pick up the prescription today. Please pull a ticket at pharmacy.**

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|--|---|--|
| <input type="checkbox"/> Simethicone (6 gas pills) | <input type="checkbox"/> Bisacodyl (Dulcolax) | <input type="checkbox"/> Miralax |
| <input type="checkbox"/> Plenvu | <input type="checkbox"/> Suprep | <input type="checkbox"/> Fleets Enema (x2) |
| <input type="checkbox"/> Golytely/PEG | <input type="checkbox"/> Mag Citrate | <input type="checkbox"/> Other: _____ |

_____ **COVID TESTING:** This must be completed within 72 hours of the completion of your procedure. Testing is available Monday-Friday from 0800-1600 at Same Day Surgery. Weekend/Holiday testing is behind Blood Bank or follow COVID line signs by ER Entrance from 0800-1100.

_____ **EKG:** Get your EKG completed at the Specialty/CARDIOPULMONARY CLINIC today (only applies to Anesthesiology patients) **Walk in Appointments available M-F from 0800-1100.**

_____ **HCG:** (pregnancy test) *2-3 days before procedure. If needed, it can be done 1 hour before your report time but this is not ideal.* It should be <72 hours from procedure. Please keep in mind lab is closed weekends, family days, and Federal holidays. Hysterectomy or no menstrual bleeding for 1 year are exempt and do NOT need pregnancy tests. Tubal ligations do need pregnancy testing.

_____ **Blood Thinner** Talk to your blood thinner prescribing provider and notify them you will stop your _____ for ___ days. If they prescribe a bridge, please let the GI office know.

For REPORT TIME: Sarah/GI Personnel will call you between 0900-1200 on _____ with your assigned report time. **If you have not been called by 1200, please call (702) 653-3978 before 2 pm.** GI Special procedures front desk is not open Sat/Sun, Federal Holidays, & Family Days. You will need to be reachable by phone (the best number given during the pre-op appt) the day before your procedure and the day of your procedure in case the procedure schedule changes. **1.** She may only speak to the patient (no spouses) or a person deemed legal as a current power of attorney in the medical record. **2.** If the patient does not speak English, they will need to have someone to translate instructions with them from 0900-1200 the day before the procedure. (Speakerphone with patient and translator is fine) **3.** Drivers must be available for the full day in case the procedure time is changed to either earlier or later, or the cases run late. The driver will have to stay in the building. We recommend that the driver has a cell phone. If not, please plan to have the driver remain in the waiting area during the procedure. This allows the staff to easily contact your driver. If the driver must leave the waiting area, please limit it to less than 10 min.

DATE of PROCEDURE _____ **Check in at GI SPECIAL PROCEDURES/Same Day Surgery front desk** on the 2nd Floor. Prior to checking in, please ensure you have completed a visit to admissions {usually completed the day of your office visit} and had a pregnancy test if applicable.

ACUTAL Check in time: Your appointment will be somewhere in your MD's block time
 1145-1345 approximate
 0700-1200 approximate
 0700-1400 approximate

Phone numbers if you need help on the DAY OF YOUR PROCEDURE: 702-653-3978 / 702-653-3495 (ex. running late, need to cancel, etc.). They open at 0700.

Gastroenterology Procedure Instruction Sheet: Please read before your procedure.

- Colonoscopy Esophagogastroduodenoscopy (EGD) Flexible Sigmoidoscopy

- Diabetic: Check your blood sugar more often. If you feel low, treat with a sugared beverage from the list below. Check your blood sugar the morning of the procedure and call 653-3495 (open at 0700) with questions if < 70 or > 250.

Insulin:

Rapid/Intermediate Acting: no change or follow sliding scale
Long Lasting: take ½ dose of evening insulin or hold

- Do not consume alcohol beverages or use any tobacco or marijuana products for at least 24 hours prior to your procedure.

- **Medications:**

- On the day of the procedure, please take **ONLY** your inhalers, blood pressure, heart medication, and/or thyroid medication in the morning, with a sip of water, only enough to swallow the pill.
- Iron medication: Do not take this medication the day before your procedure
- If Dulcolax is given, do not take antacids (Milk of Magnesia/Mylanta/Tums/Maalox/Pepto/Roloids) the day before your procedure. Try to take the pills on an empty stomach. {1 hour before a meal or 2-3 hours after a meal}
- Blood thinners (other than aspirin): Medication _____ stop __ days prior to procedure

CLEAR LIQUID DIET-All Day the Day before procedure

NOTHING that is **RED** or **PURPLE** in color. Orange/Green/Blue/White/Yellow flavors are allowed

- | | |
|----------------------------------|--|
| ▪ Soda (yellow, clear, or brown) | ▪ Coffee black or with sugar or artificial sugar (NO creamer/dairy) |
| ▪ Lemonade | ▪ Tea with sugar or artificial sugar (NO creamer/dairy). Avoid raspberry tea if it is not brown in color. |
| ▪ Water | ▪ White grape or white cranberry juice |
| ▪ Kool Aid/Crystal Light | ▪ Jell-O (no fruit chunks) {this is ONLY allowed the day before the procedure} |
| ▪ Clear broth (NOT SOUP) | |
| ▪ Ice popsicles | |
| ▪ Gatorade | |
| ▪ Apple juice | |

- **ESOPHAGOGASTRODUODENOSCOPY (EGD):** You **MAY EAT A REGULAR DIET** except for red/purple liquids the day before your procedure.
 - **Stop eating food 12 hours before your procedure report time.** Do not have any food or liquids after midnight. This includes water, chewing of gum, and sucking on hard candy.
 - If you are having a colonoscopy & EGD, follow the Colonoscopy directions on the next page.
 - **If your report time is after 1200, you may have ONLY 8 oz of clear liquid** (no jello) prior to 0800-see list above.